

We hope you enjoy September's edition of 'Mission Heights News.'
Please click [View it in your browser](#) to view text plus images in this newsletter.

To translate our newsletter, please
[View it in your browser](#) then click 'Translate'
(top right).

As this is 'Google Translate', exact
translation will not be achieved, especially
with titles and names.



Principal, Mrs Joan Middlemiss.

OUR VISION

"Growing Greatness through
innovative, constantly evolving,
personalised learning..."



Message from the Principal

September Newsletter

Information for students and parents

I have always believed that busy kids are happy kids and we have certainly been busy this term. There has been so much happening and as I walk around the school I certainly see happy kids who are engaged in their learning. We are not only enjoying our learning, but we are also experiencing success. This week we celebrated with over **100 Champions awards** at our end of term celebration assembly.

We celebrated teams and individuals reaching Auckland wide and New Zealand finals in **debating, basketball and swimming**. We celebrated regional wins also in **netball, football and Science Fair**. We are proud of our consistently high record in **speech competitions**, being placed in Year 7 and 8 and also Year 9 and Year 10 in the regional competitions.

We congratulated our own school Champions in **Cross Country, Mathex** and our **MHJC Science Fair**. We acknowledged our cultural diversity with school-wide competitions in **origami and Chinese calligraphy**. Our students results in **ICAS** competitions are outstanding and our Year 10 students are experiencing success in **NCEA**. And so it goes on!

Add to this Whanau activities such as Forest's **\$50 Challenge** and Water's **Outbreak Evening**, the **AIMS** games, a trip to the **Outdoor Pursuits Centre**, **IPENZ** projects, **Crest Awards** and the many classroom and **DEEP** activities our students are participating in, plus their ongoing **leadership** and **service** activities and we are certainly preparing our students for the busy lives they will lead.

My sincere thanks to teachers, parents, and members of the wider community who have supported us this term. I am so proud of what we are achieving at **MHJC** and the positive environment in which are students are flourishing. My best wishes to everyone for a relaxing break before we return to a term which will fly by.

Regards,

Joan Middlemiss

Upcoming Events

Dates are also published on our website, [Mission Heights Online](#).

IPENZ Workshop

9am Friday 10th October -
Saturday 11th October 12 noon

Family & Friends Meeting

Wednesday 15th October, 7pm

Yr 7/8 IZ Girls Basketball

Tuesday 21st October

BOT Meeting

Wednesday 22nd October

Yr 7/8 SEZ Table Tennis

Wednesday 22nd October

Labour Day Holiday

Monday 27th October

Yr 9/10 Exams

Tuesday 28th October -
Tuesday 4th November

Yr 7/8 SEZ Badminton

Tuesday 4th November

Family & Friends Meeting

Wednesday 5th November, 7pm

MHJC Athletics & Tabloids Day

Friday 7th November

"Shorts" Film Festival Yr 10 Media Studies

Monday 10th November

Inter-Whanau Competition

Wednesday 19th November

Yr 10's 3 Day Transition Event at OSC

Thursday 20th November -
Monday 24th November

Yr 6's 'Whole Day' Transition Event at MHJC

Friday 21st November

BOT Meeting

Wednesday 26th November

Teachers Only Day (No School)

Friday 28th November

Santa Show

Wednesday 3rd December



Howick Pakuranga Yr 7/8 Prepared Speech Competition

On Thursday 4th September, Daniel Brink 7C1 represented Mission Heights Junior College at the Howick Pakuranga Schools Year 7/8 Prepared Speech Competition and placed second out of eleven speakers from local schools. Daniel spoke very eloquently on the topic *"A Day in a Teenager's Life."* Congratulations Daniel!



Howick Pakuranga Yr 7/8 Impromptu Speech Competition

Eugene Chua 7F1 represented Mission Heights Junior College at the Howick Pakuranga Schools Year 7/8 Impromptu Speech Competition and placed third out of eight speakers from schools in the zone. Eugene received six minutes to prepare an impromptu speech on the topic *"If I had a million dollars"* and spoke for three minutes. A most impressive effort, Eugene!

Family & Friends Meeting

Wednesday 3rd December, 7pm

Whanau Trips

Friday 5th December

School Prize-giving Ceremonies

Wednesday 10th December

Year 9: 9.00am

Year 8: 11.30am

Year 7: 1.30pm

Year 10: 6.00pm

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2014 Term Dates

Term 3

Monday 21st July to

Friday 26th September

(10 Week Term)

Term 4

Monday 13th October to

Wednesday 10th December

(9 Week Term)

2015 Start-Up Dates

Compulsory Admin Day

(Parents & students)

Tuesday 3rd February

First Day for Yr 7 & 10's

(Yr 7's to Theatre)

Thursday 5th February

Waitangi Day Holiday

Friday 6th February

All Students Return

(Yr 7, 8, 9 & 10's)

Monday 9th February

Please do not book overseas travel during term time.



High Praise for Auckland Schools Debating Final

For the second year in a row Mission Heights Junior College has placed second in this rather prestigious competition. ASD chairperson, Hamish Saunders was quoted in saying, *"This was the best final I have witnessed for the junior levels, in the past five years."*

In a close debate MHJC1 (comprised of team members Rashmeen Sandhu, Rylee Fraser and Laila Abada) lost to Selwyn College on a split vote of 2:1 on the moot, *"This House would allow shopkeepers to keep weapons behind the counter for protection."*



'Words Hurt': Year 9 students, Ayesha Ali and Oanh Li work to raise awareness of bullying issues in society.

Success in 'Words Hurt' YouTube Competition

Congratulations to Oanh Le and Ayesha Ali who were one of two merit winners in the 'Words Hurt' YouTube Competition. Their YouTube video was selected from many high-quality entries from throughout New Zealand, winning a \$500 cash prize and certificates. The objective of their 'Words Hurt' video was to help support the Mental Health Foundation's efforts to change attitudes and behaviour towards young people who experience mental illness, and to raise awareness of bullying issues in society.

The winner of the competition was Hillmorton High School from Christchurch, with Mission Heights Junior College and Putaruru College winning merit prizes.

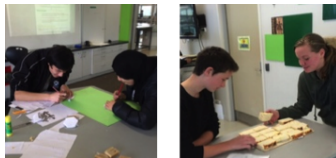


Win a Free Bike!
Family & Friends
TravelWise Evening

MHJC'S Family & Friends warmly invite you to a Community Travelwise Evening on Wednesday 15th October, starting at 7 pm in the Meeting Place. The night is a joint MHJC and MHP event. We hope you can join us!

(Further details at the base of this newsletter...)

Family & Friends Committee
Bringing our community together



Dragon's Den Fundraiser for Tiritiri Matangi

Year 9 students from Forest Whanau completed their own 'Dragons Den' activity recently, where they were allocated just one day to design, label, create and market a soap product that they had created during their science class. Integrated mathematics classes supported students to refine their skills, developing nets and logos which would ultimately serve as packaging for their product. The profits of the 'Dragon's Den' will be donated to Tiritiri Matangi Island.

You can view the girls' winning entry by clicking the link below...

['Words Hurt' Video by Oanh and Ayesha](#)

Check out the media release...

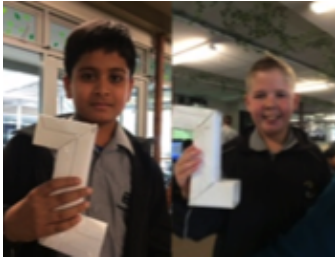
[Mental Health Foundation 'Words Hurt' Press Release](#)



MHJC's Outdoor Pursuits Camp at Tongariro

Last Friday we welcomed home twenty Yr 9 & 10 students who returned from a week long adventure at the Sir Edmond Hillary Outdoor Pursuits Centre in Tongariro. Our students took part in OPC's Hillary Step 1 School Programme and completed a whirlwind of challenging and exhilarating outdoor activities.

Students learned the importance of self-resilience, team work, leadership and to step outside their comfort zone. Throughout the week the students took part in numerous activities including low ropes, high



Forest's BP Challenge

Year 7 students from **Forest Whanau** participated in their second **BP Challenge** this term. They are shown here with periscopes they had created, having problem-solved to develop an understanding of optics and 'tricks of light'.



Kids Can Event

Mountains Whanau chose to reach out and support **Campbell Live's 'Lunchbox Day'** on Friday 5th September. The event was to raise money and donate canned goods to support the work of **Kids Can**. **Kids Can** co-ordinate donations of items for free breakfasts and lunches in schools, as well as shoes, jackets and lice treatments for students who would otherwise go without. The 184 **Mountains** students donated a total of 207 cans, which have been dropped off to our nearest **Kids Can** school in **Otara**. A wonderful effort, **Mountains Whanau**!

ropes, team building challenges, skiing/snowboarding, caving, abseiling, star gazing, tramping, and the highlight - an overnight expedition!

For a number of students, the trip was the first time they had experienced snow and cold mountain temperatures. The students were tremendous in representing **Mission Heights Junior College** and showing their energy and enthusiasm for new situations.

Thank you **Ms. Aly Grant** and **Mr. James Field-Mitchell** for leading this trip, and to parents and community members for making this incredible camp possible.



Brenda Seeks Our Support for Great Road Safety

Brenda Yang is a Year 7 student at **MHJC** who is visually impaired. This means that sometimes the simplest things might in fact be a huge challenge for her, such as traveling to and from school. As **Brenda** cannot always rely on her vision, she needs to use all of her senses.

Recently, **Brenda** has started to use a tool called a **cane** to help her. **White canes** are used both by people who have a visual impairment and by those who are completely blind.

If you see **Brenda** with a white cane waiting at the pedestrian crossing, please stop and let her cross the road safely. Thank you for your consideration.



MHJC Students Making a Difference!

Term 3's Make A Difference DEEP class conducted fund-raising projects to support targeted needs within the local community.

Students sold raffle tickets to raise money to purchase blankets for SPCA puppies, and ultimately purchased 30 blankets to donate to the Auckland SPCA.

Another team designed gift baskets and made cupcakes to donate to the Summerset by the Park Retirement Village, in Flat-bush. Quality time was special and memorable for both students and residents.



Students Attend United Nations Address

Dominique Prinsloo, Laurielle Loliga, Carrie Ng, Andrew Lee and Pranay Prasad from 10W1 had the exclusive opportunity to attend the address of his excellency Dr Ban Ki-Moon the Secretary General of the United Nations at the University of

Sports Report

As we have reached the end of Term 3 we can reflect on some great sporting results, the most recent of which were:

Cross Country

Ahmad Qasimi (Year 8 boys) represented Mission Heights Junior College at the South Eastern Zone Cross Country Championship and placed 5th out of 64 runners. He was selected for the South Eastern Zone team that competed in the Auckland championship. Ahmad once again performed extremely well and was placed 21st in Auckland. This was a race where he competed against 130 athletes from across Auckland. Well done Ahmad!



AIMS Games

2014 is the first year MHJC has taken teams to the AIMS Games, in Tauranga. Following months of preparation and training, MHJC was represented by Yr 7/8 Football and Netball teams. The students had a great time and achieved commendable results over the five competition days:

MHJC Boys Football:

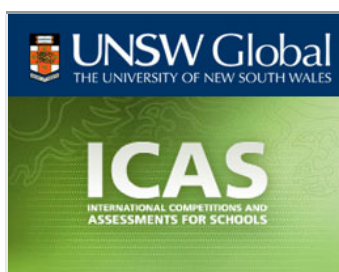
Played: 9
Won: 2
Draw: 2
Lost: 5

MHJC Girls Netball:

Played: 7
Won: 4
Draw: 0
Lost: 3



Auckland recently. This event provided our learners with a unique and rare opportunity to meet a top world figure, and make meaningful connections between class and 'real world' learning.



ICAS English Results

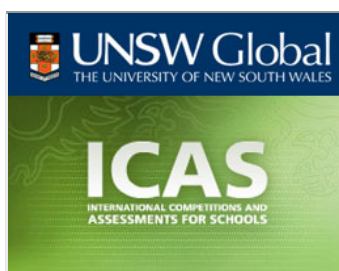
The following students achieved highly in the ICAS English exam:

'High Distinction'

Christina Bang
Jing Ying Foong

'Distinction'

Justin Clayton
Joshua Fong
Hari Narasimhan
Kelvin Xie
Rylee Fraser
Courtney Powell
Rashmeen Sandhu



Thank you to our MHJC parents for their support leading up to and during the games. Also, a big thank you to Ms. Trudi Wigg, Ms. Sarah Baker and Mr. Neil Penfold for spending the week with the teams. A special thank you to Mr. Jeremy Adams who helped out with fitness trainings in the mornings for the last two terms.

ABSL Basketball

Congratulations to the 'MHJC Xtremes' who concluded the ABSL Basketball module with a classy 34-8 win over the Eastern Girls All Stars. The girls (and coaches) are pictured here with their "champions" medals. Thank you to Year 9 students Lantze Davids and Callum Moore for being committed and supportive coaches.



SEZ Basketball

Our junior boys and junior girls Basketball teams competed in the South

ICAS Maths Results

Pleasing results were achieved in the ICAS Maths exam. Our special congratulations to:

'High Distinction'

Campbell Strong

'Distinction'

Devon Murdoch
Sharaheel Saheel
Jing Ying Foong
Wei Ning Wong
Victor Chua
Joshua Fong
Joseph Haddad
Samson Ireland
Bob Liou
Hari Narasimhan
Jasneek Sandhu
Avinash Sathiyaseelan
Cheul Shin
Daniel Strong
Kelvin Xie



UNIVERSITY
of
OTAGO
Te Whare Wānanga o Ōtāgo
NEW ZEALAND

Yr 7 & 8 Otago Maths Problem Solving Results

The following students achieved 'Excellences' in Otago Maths Problem Solving:

'Excellence Awards'

Kalvin Huynh
Chetan Dev
Edward Chang
Ryan Iglesia
Devon Murdoch
Christina Bang
Campbell Strong
John Yang

Eastern Zone Basketball tournaments recently.

MHJC Boys Basketball:

Played: 5

Won: 2

Draw: 0

Lost: 3

MHJC Girls Basketball:

Played: 7

Won: 6

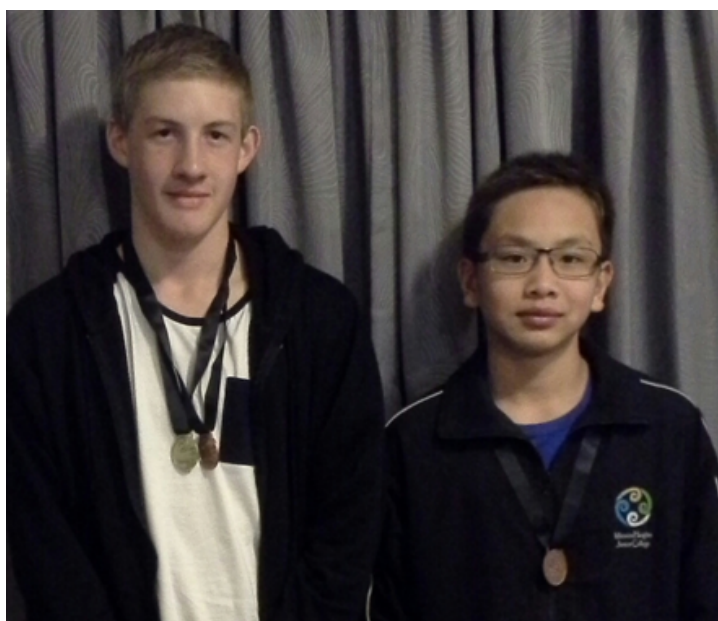
Draw: 0

Lost: 1

The girls lost one game during the pool rounds against Hillary College and qualified for the semi finals. In the semi final they played against Farm Cove Intermediate and won 13-11. As they proceeded to the final they were facing Hillary College again. Our girls showed great determination and won the final. They finished as **South Eastern Zone Champions** and will be playing in the Auckland-wide Interzone competition on 21st October, 2014.



Medal Winning Performances at NZ Secondary School Swimming Championships



Australian Maths

MHJC students also performed strongly in the recent **Australian Maths Competition**. Well done to...

'High Distinction'

Campbell Strong
Victor Chua

'Distinction'

Eugene Chua
Joshua Fong
Hari Narasimhan
Samson Ireland
Daniel Strong
Timothy Kree



Sinead's Hockey Success

Sinead Venter has been selected for the **Auckland Collier Under 13 Hockey Team** to compete at the upcoming **Nationals**. Coached by **NZ Blacksticks** player **Samantha Harrison**, the team has 10 players returning from last year's two **Collier** sides. Sinead's team was placed **1st equal** in the **Nelda Putt Tournament**, contested by Northern Region teams. This year's **National Under 13 Tournament** takes place from 6th to 11th October, in Invercargill.

Congratulations to **Victor Chua, 9W2** and **Connor Stewart, 10F1** for their recent success at the **New Zealand Secondary School Swimming Championships**, held at the **Kilbernie Olympic Pool**, Wellington.

Victor won a bronze medal for the boys 100m Butterfly event. He also placed 7th in the 100m Backstroke and 12th in the 100m Freestyle events. **Connor** won a gold medal for the boys 50m Butterfly event and a bronze for 50m Freestyle. Competition is fierce at these championships, so these are wonderful achievements that reflect the boys' commitment to extremely intensive training regimes.

Thank you to all our staff, coaches, managers and players that are working really hard to support sporting success at MHJC. Also, thank you for all the support we receive from our parents.

Helgard Groenewald

Sports Coordinator



Students Sporting Outside Their Comfort Zone

This term, Year 10 students from **Forest Whanau** have been learning to challenge their comfort zone, by participating in new sports. Coaches from **OnBoard Skate School** came to **Mission Heights Junior College** to teach students safety and techniques associated with skateboarding. Students also took to the ice at **Paradise Ice** in Botany, where they learned how to ice skate.



Papatoetoe Cricket Club invites MHJC students to play cricket this summer. **SPECIAL FEES DEAL** for new members. Enroll at the Papatoetoe Sports Centre on Wednesday 1st October from 5pm-7pm.

Contact the Club Manager, **Simon Poole** (027)6282433
papatoetoeccricket@xtra.co.nz

Register online at: <http://www.papatoetoesports.org.nz/sports-and-clubs/sports-clubs/papatoetoe-cricket-club/>
Or phone Tarryn at PSCCT 277-6710 for more information.



Congratulations Samhitha!

Samhitha Yamineni has gained accolades for successfully completing **Music Level 1** and **2** in **Veena** (instrumental) exams, which were conducted by the **NZCMS**. Samhitha scored top marks in **Level 1** and **Level 2**, for which she was awarded **4** certificates achieving **Excellence** in both her written and practicals. Well done, Samhitha!

We'd love you to follow us on Facebook! Simply click on the buttons below to be directed to our new Facebook page, or our website.



Facebook



Website



Be the best you can be!

Papatoetoe Cricket Club will be running a holiday program for young aspiring young cricketers in the coming school holidays.

The program will consist of the following cricket activities;

- Batting and Bowling fundamental skills
- Basics of fielding
- Modified games of cricket with tactical learning in a fun environment,
- Mini competitions
- **Head Coach BHUPINDER SINGH Auckland Aces and NZ 'A'**
- Video analysis of batting/bowling & written reports available
- Spot prizes for all players

Bhupinder will be assisted by experienced coaches from the Papatoetoe Cricket Club.

Venue: Papatoetoe Sports Centre, Sutton Crescent, Papatoetoe

Dates:

Week 1 - September 29th and 30th

Week 2 - October 6th and 7th

Hours: 2pm-5pm for school years 6-10

COST \$20 per session or \$70 for all 4 sessions

To register <http://www.papatoetoesports.org.nz/sports-and-clubs/sports-clubs/papatoetoe-cricket-club/>

Or contact Garry Wood cricket@pscct.co.nz (09) 277-6710

NOTE:

- Registrations will be restricted to the first 20 people to register
- The course may be cancelled if there are inadequate numbers
- All pre-registered players will be notified

Coast Whanau

coast_absence@mhjc.school.nz

coast_studentservices@mhjc.school.nz

Forest Whanau

forest_absence@mhjc.school.nz

forest_studentservices@mhjc.school.nz

Water Whanau

water_absence@mhjc.school.nz

water_studentservices@mhjc.school.nz

Mountains Whanau

mountains_absence@mhjc.school.nz

mountains_studentservices@mhjc.school.nz



As Promised... Additional Photos from our Senior 'Show Case' Evening

Before a sellout audience last month, MHJC students showcased work from their option subjects and performances from drama and music students. Media, art and cultural items, including MHJC's impressive Kapa Haka group were also features of this spectacular evening.

Purchase MHJC Uniforms Online

As of the 1st September 2014, MHJC uniforms, shoes and sandals are able to be purchased online. Simply follow the link to access the online store, then click on 'School Uniforms' and 'Mission Heights Junior College'... <http://www.johnrussellmenswear.co.nz/>

[Home](#)
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Welcome to John Russell Menswear,

John Russell Menswear is a retail store providing top quality smart casual menswear at affordable prices to the Howick district and surrounds. We take special pride in sourcing all store clothing from local suppliers, and wherever possible, New Zealand made.

Our Dress trousers are exclusively wool or wool mix Rembrandt and Cambridge brands, also predominantly NZ made. We also carry casual trousers from Farah, Savane, and Innsbrook, as well as a wide range of business shirts including Pierre Cardin, Saville Row, Lichfield and Gloweave. Levi jeans are a specialty, and there is also a large range of casual shirts, ties, belts, underwear and socks among other items.

Stocking and supplying school uniforms, almost all NZ made, to local schools is a core part of our business. Suit hire is another specialty, where we are agents for Dress Circle Suit Hire, providing an extensive range of suits and accessories for all ages.

Our Family and Friends committee warmly invite you to a **Community Travelwise Evening on Wednesday 15th October, at 7pm** in the **Meeting Place** (next to our school library). The night is a joint MHJC and MHP event.

Parents will have the opportunity to visit stations and learn about:

- Local public transportation options (**FREE** HOP cards will be available to activate);
- Bike/scooter training classes (includes helmet fitting and an interactive bike course);
- Safety on the roads (our Community Constable will be present to ask questions), and
- Walking School Buses (organisation and sign-up of parent helpers).

All MHJC parents who attend and participate in the stations will be entered into a draw to win a **FREE bike** for their child, a **FREE bike service** from Avanti Plus, helmets and coffee vouchers.

Important Information for Parents

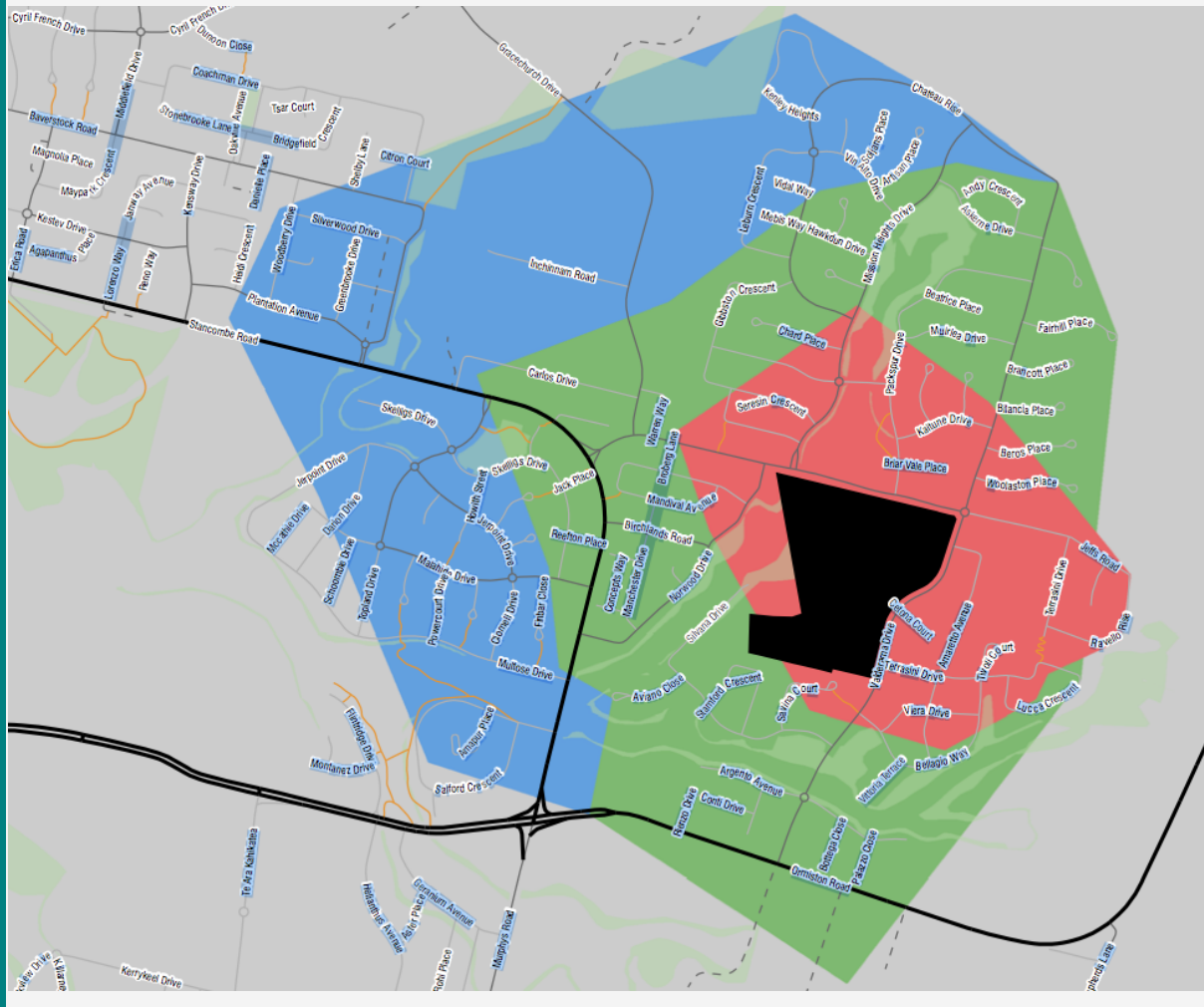
When planning morning and afternoon routines for the start of Term 4, we encourage you to please consider the following sustainable transport options:

Walking and wheeling to school...

Students are always encouraged to walk or wheel (bike, scooter or skateboard) to school. Actively getting to school promotes a healthy lifestyle and many students live within a 15 minute walk from the **Mission Heights Schools**. A "Walking Time Map" has been displayed (*below*) for your reference. It is colour coded to indicate the 5, 10 and 15 minute walking zones.

Park and walk from 400m...

We recognize that it may not be possible for all students to walk/wheel to school. For those who are unable to do so, there are several streets within 400 m of the school where students can be dropped off and walk from. A **"Parking Zone Map"** has also been attached (below the **"Walking Time Map"**). Roads have been highlighted where students can be dropped off. You are able to park on these roads (no broken yellow lines). Walkways and cycleways are also clearly identified.



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Height datum: Auckland 1946.

Legend
Mission Heights School
5 mins (333m) Walking Buffer
10 mins (666m) Walking Buffer
15 mins (1km) Walking Buffer

Mission Heights School 2014 Time Zone Map

0 100 200 Metres
Scale 1:11,500 @ A4
Date: 04/02/2014
Draft: Rev1 Rev2
Drawn By:

Auckland Transport
An Auckland Council Organisation



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Height datum: Auckland 1946.

Legend
Mission Heights Junior College
Public Open Space
On-Road Cycle Lane
Off-Road Cycle Lane
Shared Footpath
Unknown Other

Mission Heights Junior College Walkways & Cycleways Map

0 100 200 Metres
Scale 1:12,000 @ A4
Date: 03/07/2014
Draft: Rev1 Rev2
Drawn By:

Auckland Transport
An Auckland Council Organisation

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