

We hope you enjoy Term 1's edition of 'Mission Heights News.'
Please click [View it in your browser](#) to view text plus images in this newsletter.

To translate our newsletter, please
[View it in your browser](#) then click 'Translate'
(top right).

As this is 'Google Translate', exact
translation will not be achieved, especially
with titles and names.



Principal, Mr Ian Morrison

OUR VISION

*'Growing Greatness through
innovative, constantly evolving
personalised learning...'*



Message from the Principal

Term 1 Newsletter

Information for students and parents

The start of 2017 has been significant for MHJC. The school has taken a direction which will continue to ensure it is at the forefront of teaching and learning. The innovative approach of providing shared, stand-alone desktop computers has been replaced by a BYOD policy. This allows every student the chance to benefit at any time and in any place (including home) from the well established digital learning platforms provided by the school. It has also allowed teachers to push the boundaries of e-pedagogy for the benefit of our students which had become limited by our existing IT infrastructure. The use of digital technology is a well established practice at MHJC so the transition was not expected to be too difficult, however I wish to thank the teachers and support staff who have helped to successfully deliver this important outcome, particularly the IT Managers, Mr Mark Chang, Mr Ben Doughney and their assistant Mr Razak Shukor.

I would particularly like to thank our supportive parents who realise the need for their children to be as well equipped as possible to enjoy the benefit of learning in a digital age. We look forward to continuing our journey with you and helping our students to become responsible, capable digital citizens while valuing the importance of personal connections.

A long and busy term comes to an end - my best wishes to our community for a restful recovery during the holidays.

Growing greatness - kia mana ake
Ian Morrison



Upcoming Events

Dates are also published on our website, [Mission Heights Online](#).

PhotoLife Team & Group Photos
Friday 7th April

MHJC Cultural Festival
Saturday 8th April, from 11am to 2pm

Ugly Shakespeare Company Performance
Tuesday 11th April

Last Day of Term 1
Thursday 13th April at 3pm

Good Friday (No School)
Friday 14th April

School Holidays
Saturday 15th to Sunday 30th April

• • • • •

First Day of Term 2
Monday 1st May

Auckland Writer's Festival
Wednesday 17th May

Otago Problem Solving
Thursday 18th May

BOT Meeting
Thursday 18th May, 6pm

Inter Whanau Competition
Friday 19th May

ICAS Digital Technologies Exam
Tuesday 23rd May

Inter Whanau Can Drive
Tuesday 23rd May

Yr 7 Boys SEZ Football
Tuesday 23rd May

Yr 7 Girls SEZ Football
Thursday 25th May

ICAS Science Exam
Tuesday 30th May

Yr 8 Boys SEZ Football
Tuesday 30th May

Yr 8 Girls SEZ Football



Introducing MHJC's Student Executive Council for 2017

Back Row: Mr Morrison, Chenae Korewha, Eugene Chua, Megan Strydom, Ibrahim Ismaeil, Joanne Ting, Avneet Biln, Leane Te Boekhorst, Duncan Lane and Mr Naidoo.

Front Row: Camryn Chetty, Ryan Iglesia, Jamini Patel and Solana Carpenter.

MHJC Features in Education HQ Publication

EducationWeek

Your education news bulletin from EducationHQ New Zealand.

New Zealand Edition / Thursday, March 9, 2017

EducationHQ

Excursions and Camps Special Edition

Excursions and camps can provide incredibly rich experiences for students to learn beyond the four walls of the classroom. That's why we're bringing you a special edition of EducationWeek, highlighting some great trips taken by Kiwi students. Maybe you'll get an idea for your school's next outing. Enjoy!

Community / Environmental learning from coast to countryside

As a science teacher and Enviro co-ordinator at Manukau's Mission Heights Junior College in South Auckland, Catherine Hunter is privy to many class excursions, from taking students to clean up local beaches to visiting a dairy farm.

MHJC Features in Education HQ Publication

Please click on the image above to view the 'Education HQ' article that features the great work of Miss Catherine Hunter and MHJC's Enviro Council.

Wednesday 31st May

**Queen's Birthday
Holiday**

Monday 5th June

Teacher Only Day
Tuesday 6th June

**Yr 9 & 10's NZ Spelling
Bee**
Wednesday 7th June

Class PhotoLife Photos
Monday 12th June

ICAS Writing Exam
Tuesday 13th June

ICAS Spelling Exam
Wednesday 14th June

BOT Meeting
Thursday 15th June

**Yr 8 Transition Visit to
OSC**
Friday 16th June

SEZ Boys Hockey
Tuesday 20th June

Māori & Pasifika Hui
Wednesday 21st June, 7pm

Otago Problem Solving
Thursday 22nd June

SEZ Girls Hockey
Thursday 22nd June

SEZ Girls Gymnastics
Tuesday 4th July

**PhotoLife Team & Group
Photos**
Wednesday 5th July

MHJC Mufti & Disco
Thursday 6th July

Last Day of Term 2
Friday 7th July
• • • • •

2017 Term Dates

Term 2
Monday 1st May to
Friday 7th July
(10 Week Term)

Term 3
Monday 24th July to
Friday 29th September
(10 Week Term)

Term 4
Monday 16th October
Wednesday 13th
December
(9 Week Term)

*Please do not book
overseas travel during
term time.*



School Outreach Programme

Students from Mrs Ulika Singh's 'School Outreach DEEP Programme' have successfully supported young learners in our local community this term. The students acted as agents of change to offer targeted support to two primary schools in our local community.

Team One were actively engaged in supporting Mission Heights Primary students with their reading and numeracy skills each Thursday during the term. Through active research Team Two had selected Dawson Primary School as their community outreach partners. By conducting telephonic interviews with the principal and staff at Dawson Primary School, it was established that raising breakfast items would be an ideal way to support the learners. Students collected 71 boxes of cereal and 14 packages of Milo, to gift towards their breakfast programme. Well done to both teams who used this platform to engage in service to their community.



MHJC School Outreach DEEP supports Dawson Primary School's breakfast club.

Left to Right: Camryn Chetty, Jamini Patel, Mrs Angela Funaki (Dawson Primary Principal), Akira Maharaj & Mrs Ulika Singh (School Outreach Teacher).

Learning & Teaching Languages at MHJC



Academic Competitions Calendar

Access for Parents

Parents can now access the 'MHJC Academic Competitions Calendar'. The calendar is designed to be a one-stop-shop for information on the competitions available to students at MHJC. New competitions are frequently added, so please remember to check it regularly.

For tests, including ICAS, information is available for the date and session of the test, what materials are required and links to sample questions and/or past test papers.

Reminders for competition deadlines and test dates are sent out a week prior and the day before.

Please direct any queries to Ms Hunter at...

chunter@mhjc.school.nz



Academic Competitions

Increased fees and new

Teaching and learning in 'Languages' is in high gear again this year at MHJC. Three language teachers take sixteen Year 7 and 8 classes plus one Year 9 Option Spanish class. Our three language teaching classrooms are located side by side, to enhance collaborative teaching and learning. Ms Martin has shown Mrs Gao that the vowels "a e i o u" in Spanish are just the same as that in Mandarin and Māori. Mr Tuhaka felt a sense of de ja vue when he saw students in Mandarin class playing a spinning top game, which was exactly the same game he used to play when he was a child. Mrs Gao noticed that a Māori game played with sticks could easily be adapted to teaching directions in Mandarin. Our school's move to BYOD has also enhanced students engagement in learning languages.

Here are some snapshots of what is happening in our language classrooms...



Mr Jason Tuhaka's students playing a Maori stick game



Students engaged in digital Language Perfect tasks. To date MHJC students have answered more than 100,000 questions

payment deadline

For those who missed the first round of academic competition entries, you can now register using the new Google Form:

<https://goo.gl/forms/jLpMorN5VbwXw2if2>

Please ensure the Google Form is completed and the associated fees are received by Monday 1st May (Day 1, Term 2).

ICAS Science - \$9.50
ICAS Writing - \$20.50
ICAS Spelling - \$11.50
(years 7 and 8 only)
ICAS English - \$9.50
ICAS Maths - \$9.50

Australian Jnr Maths - \$7.50
Education Perfect - \$30



Mrs Gao - Winner of 2017 Chinese Scholarship to Beijing, China

Mandarin Teacher Juliet Gao has won a 2017 Chinese Scholarship to Beijing, sponsored by the governments of New



Mrs Miriam Martin's Yr 7 language learners having fun learning the Spanish alphabet



Mrs Juliet Gao's Chinese Fan Dance team, who will perform at the Cultural Festival this Saturday.

What is happening in Languages in 2017?

- All Spanish and Mandarin classes are now on a four week trial of the digital programme, **Language Perfect**.
- The **Chinese Bridge Speech Competition** is on the 13th May 2017. Registrations are due on the 15 April 2017 at <https://goo.gl/GFBwru>
- A **Chinese Short Film Competition** is coming up on the 19th May 2017.
- The **Asia New Zealand Foundation** has provided a \$1046.50 grant to support our school's **Chinese Language Day** and the **MHJC Cultural Festival**.
- All our language teachers are members of professional organisations, such as **ALT** and **NZCLTA**.
- Our Mandarin teacher **Juliet Gao** is completing a specialised language teaching course **TPLT** (Transforming Practice in Language Teaching) at the **University of Auckland**.

Zealand and China. Only twelve New Zealand teachers were selected nationwide. She will travel to China in April on a three week intensive language and culture programme hosted by the Beijing Language and Culture University. This will be a prestigious opportunity for both Mrs Gao and our school to enhance our teaching pedagogies in teaching and learning Mandarin, and to connect with the international language teaching community. Our school's commitment to teaching Chinese language and culture impressed the panel.

The programme partners are:

- Chinese Ministry of Education via Hanban
- New Zealand Ministry of Education through ILEP
- Chinese Embassy in Wellington
- Beijing Language and Culture University



Mrs Lal Gains Masters in Educational Leadership

Mrs Reshmika Lal has completed her Masters in Educational Leadership, gaining impressive feedback for her final thesis, *'Educational Leadership as Influence: The Provision of*



New Accelerate Class Bond Through EOTC

On the 24th March the new 9M2 accelerant class ventured west with Mr Penfold and Ms Lambert to experience a "bonding day" at Tree Adventures and the Paraika Hot Pools. Combining a new class from the four different Whanau can be a difficult process and EOTC supported students to form new friendships and learn about their new classmates.

Tree Adventures was great fun and certainly challenging! After completing the safety briefing and having a go on the lowest course available, the students were then free to choose a series of more difficult (higher) courses, depending on how much they wanted to challenge themselves. Several individuals made it to Course 8, which took participants up the trees to a height of 14 metres!

After putting muscles through a serious workouts, a soak in the hot pools was very much the order of the day. However, most of the students enjoyed the adrenaline thrills provided by riding the two large water slides!

Critical Teacher Feedback to Students.' Congratulations Mrs Lal!



Free Food Wraps!

In an effort to decrease the amount of waste at school the **Enviro Council** have made over 100 cool food wraps. The wraps are designed to replace clingfilm, as the wraps can be reused many times. The food wraps will be handed out for free to lucky students throughout the last two weeks of term.

You can make your own wraps at home using the instructions provided below...



Avoid plastic wrap

Beeswax food wraps are gaining popularity with schools and Early Childhood Centres (ECE's) as they are an eco-friendly, reusable, effective way to keep food fresh and avoid using plastic wrap. Create your own using these easy steps.

You will need the following:

- Cotton fabric squares
- Beeswax pellets found in health food stores, a beekeeper supplier or online
- Large baking tray
- Paintbrush
- Tinfoil or baking paper to line the tray and prevent wax dripping onto it or your oven.



Rotorua Cultural Experience

Year 8 students from Water Whanau thoroughly enjoyed a 'Rotorua Cultural Experience', recently visiting the **Te Puia** geothermal valley and the **Tamaki Māori Village** on **Day 1** of their trip. The photos below show students standing in front of the famous Pōhutu geyser that they visited following a guided tour of the Kiwi house and **National Wood Carving School**. Students enjoyed their first hangi buffet experience, surrounded by wonderful cultural performances and an ancient Tawa forest.



On **Day 2**, the Year 8's visited the **Agrodome Show** where **Jackson Smith** enjoyed the opportunity to feed a lamb and **Yolisha Naidoo** milked a cow. Students then headed to the **Skyline Gondola** and **Luge**.

See highlights from both days of the 'Rotorua Cultural Experience', by clicking on the video clip below...

Instructions

To make the wraps, cut your fabric squares to your desired size. You could trial a range of sizes including 15cm x 15cm up to 30cm x 30cm.

Lay fabric on a lined baking tray and sprinkle over your beeswax pellets evenly. Put tray into a mild oven at 100°C until wax is melted.

Once melted into liquid remove the tray from the oven and use the paintbrush to evenly spread the wax into the fabric. The fabric will look wet. Immediately take the fabric off the baking sheet. If you leave the fabric to cool down it will stick to the tin foil or the beeswax will become clumpy.

Peg them on the clothes line to dry. The wax will be dry in a matter of minutes. To wash simply rinse in warm soapy water (a dishwasher gets too hot) and you can reuse them again and again.



TravelWise Leadership Day

Four students from our MHJC Travelwise Group went to MOTAT to learn about Auckland Transport's

Travelwise programme recently. The girls learned how to repair bike tyre punctures (*above*), test a speed gun (*below*), and used online resources to find alternate walking and cycling routes to school.



Sports Report

The conclusion of Term 1 also calls an end to our summer sports. It has certainly been a busy term, with the **9th Annual MHJC Swimming Sports**, the introduction of our **girls' cricket** into an inter school competition, and the running of trials for all **winter sports** whilst summer sports were in full force.

MHJC Swimming Sports

Swimming Sports is always a highlight of Term 1. Each Whanau is allowed to bring 40 swimmers to compete against the other Whanau. Each Whanau is awarded points for the number of students that attend. The top 3 swimmers are awarded points for placing.

This year **Forest Whanau** won the **Swimming Sports** with 400 points. **Coast** came second on 362, **Water Whanau** was close behind on 359, and **Mountains Whanau** came fourth with 308 points. We also recorded our top swimmers for the day...

Top Swimmers:

Yr 7 Boys: Zain Ismail & Ethan Chen

Yr 7 Girls: Jessica Kand & Melika Zeyni

Yr 8 Boys: Douglas Gould & Safee Aziznishikaji

Yr 8 Girls: Marissa Dodd & Michaela Rohm

Yr 9 Boys: William Chen & Ashton Narayan

Yr 9 Girls: Niamh Beattie & Olivia McSaveney

Yr 10 Boys: Eugene Chua & Alston Chong

Yr 10 Girls: Nicole Fraser-Hall & Megan Strydom



Develop Biking Skills Sign Up for Training

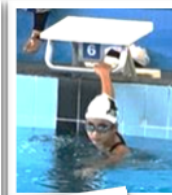
Ms Hunter is organising bike training for beginner and/or intermediate cyclists in Term 3. If you are interested in having your son or daughter participate in the training, please fill out a very short **Google Form** by clicking on the link below...

<https://goo.gl/forms/hAhUfWis6h6b22fH3>.



Valderama Drive - Please Drive Safely

The Travelwise Group recently



South Eastern Zone Tournaments

The South Eastern Zone (SEZ) is a competition amongst select intermediate schools who fall within the **South Eastern Zone** catchment, and who compete against each other across many sporting codes. This Term we had the **SEZ Swimming**, **SEZ Tennis** and the **SEZ Futsal** events. The **SEZ Orienteering** occurs at the end of Term.

SEZ Swimming

The South Eastern Zone Swimming competition took place on Friday 17th March at the **Lloyd Elsmore Pools**. The top 3 swimmers of every stroke were chosen to represent **MHJC**. All the students performed well and placed in their heats. However, only six competitors with the fastest times in their heats were chosen for finals. Of the nine students, **Marissa Dodd** and **Melika Zeyani** made it into the freestyle and breaststroke final respectively. **Marissa** came 4th in her 50m freestyle final and missed out on 3rd place by one second. **Melika** came 6th in the breaststroke final. Congratulations to all swimmers for an impressive performance.

SEZ Tennis

On the 7th March the **South Eastern Zone Tennis** competition was held. Our students had mixed fortunes, but played very hard in testing conditions. Unfortunately, the competition was cut short as the rain had set in. Tennis trainings have continued throughout Term 1 in order to develop students skills, preparing them for the next season.

SEZ Futsal

This year we took both a girls and boys **Futsal** team to the **SEZ competition**. Last year **MHJC** won the competition and we were hoping for a repeat. Despite being unbeaten in pool play, the boys did not make the final owing to goal difference but won the play off for a creditable **third place**. The girls struggled, placing 8th overall but showed great attitude throughout the tournament.

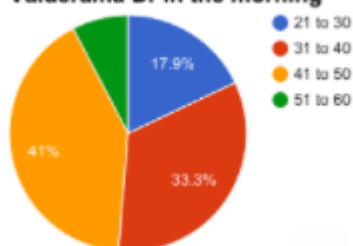
Cricket

Cricket is a very popular sport at **MHJC**, with over 50 students participating in the sport on a weekly basis. **MHJC** has partnered with **Papatoetoe Cricket Club** to provide students the opportunity to select a cricket **DEEP** which enabled students to receive professional coaching from **Garry Wood** and his team. This complements the coaching they continue to receive from **Mr Pasupati**, a former staff member and **Senior Premier Coach**.

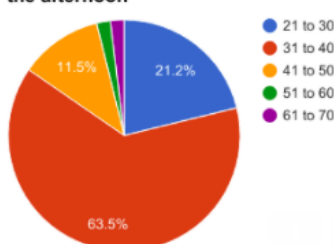
This year was also the first year that **MHJC** has held girls cricket

collected data on the speed of drivers on **Valderama Drive** for both before and after school. Approximately **64%** of our recorded drivers were driving at or below the legal speed limit. Please remember that the speed limit around the school is **only 40 km/hr.**

The Speed of Drivers on Valderama Dr in the morning



The Speed of Drivers on Valderama Dr in the afternoon



Graphing Credit Dilshad Singh 10C2



**DEEP Sports Leadership
Term 1**

matches, many playing for the first time. This brought the total number of cricket teams to 5 teams (2 girls, 3 boys) across all four year levels.

The boys 'Colts' are **MHJC's** elite cricket team who compete in the **Year 9 & 10 Colts 2** grade. In this grade they come up against some of the top schools in **Auckland**, such as **Saint Kentigern College**, **King's College**, **Westlake**, **Takapuna Grammar** and **Macleans College**. For **MHJC's** first year in this competition the boys have performed extremely well, losing just one game to date.

The more experienced **Colts** players have stepped up and have constantly performed over the season. Skipper **Benson Ireland** has taken 13 wickets in 6 matches and scored 72 runs against **Kings 2**. **Benson** is currently ranked fourth overall on the batting leaderboard and ranked first in the bowling leaderboard. **Gurmeet Singh** is ranked second on the bowling leaderboard trailing by just 3 wickets from leader **Benson**. **Devon Murdoch** is currently ranked second in the batting leaderboard. He has hit 32 4's and 3 6's over the season, the highest of all batsmen in the colts competition. In the **Rangitoto College** game, **Devon** scored 72 runs off 78 balls.

Unfortunately, **Dilan Patel** broke his ankle when playing against **Saint Kentigern College**. We wish him a speedy recovery and hope he returns to cricket at full strength in Term 4. We would also like to acknowledge the invaluable contribution and umpiring support that both **Mr Ireland** and **Mr Murdoch** contribute to **MHJC's** Colts team.

Boys Blitz cricket ran on a Wednesday afternoon at **Sancta Maria College**. Likewise they have only lost one game for the Term 1 season against rivals **De La Salle Senior**, by one run. The boys have improved substantially under the guidance of **Mr Naidoo** and ultimately **won** the **Term 1 Blitz Competition**, which is a wonderful achievement. We look forward to the second half of the season in Term 4.

The **Active Post Cup** is a competition run for the Year 7 & Year 8 boys. This is a **20/20** over game where intermediate schools compete to win the **Active Post Cup**. Coaches **Neil Penfold** and **Warren Herbert** have taken the team from strength to strength as they compete to win the cup.

Skipper **Max Herbert** is currently ranked second in the leaderboard for fielding, with 2 catches and 2 run outs in the two matches played. **Fateh Bhular** and **Mantej Singh** are ranked first and second respectively in the bowling leaderboard. **Mantej** scored 77 runs in the game against **Al-Madinah**, contributing significantly to the 161 runs scored. **Ashwina Krishnakumar** is the only girl in the team. Obtaining dispensation, to allow her to play, she plays with confidence in the league. She has taken 3 wickets after two games and is currently ranked 10th in the batting leaderboard. This team has already qualified for the next round where they will be competing against schools from across **Auckland** in term 4.

The **Girls Blitz** teams have had a tough start to their first season of cricket, with the Year 7 & Year 8 girls having lost all three games. Nonetheless, the improvement in the girls bowling and batting has led us to believe that with the support of **Papatotoe Cricket**, the girls will become more competitive. The Year 9 & 10 **Girls Blitz** team played in a friendly competition against **Ormiston Junior College** and in the first game the girls won by a comfortable margin.

Orienteering

Congratulations to all the **orienteering** students who competed in the sprint series over the course of the term. Every Tuesday afternoon, the

For Term 1 MHJC students have been developing suitable games and sports skills to teach our neighbouring pre-school students from the KINZ Kindergarten. This presented several challenges, as our students adapted to the younger age group, many of whom did not have English as their first language. It was rewarding for our students to provide and receive valuable feedback and to persevere to identify games that worked.

The following students showed outstanding leadership skills: **Amy Moore, Cody Diffey, Divya Chand, AJ Bassano and Anahera Mason-Wells.** A special thanks goes to **Cristina and Sangeeta** at **KINZ** for affording MHJC students the opportunity to further develop their leadership skills.



Kelston Deaf Education Centre Sports Day

Three students from MHJC participated in the **Kelston Deaf Education Centre Sports Day**, held at the **Waitakere Trust**

students would run a different course ranging from 1.5km - 2.2km. The students improved significantly over the course of the term, competing against over 700 competitors. Special mention to our Junior boys, **Jasper Carpenter** and **Caleb Jurgens** who placed 7th and 17th respectively out of 109 competitors on the **Howick College** course.

Kirin Swann

Kirin Swann is a quiet and humble student who plays for the **Premier Netball Team** at **Mission Heights Junior College**, as a defender. When she is not playing netball she competes in **Crossfit**. Recently she competed in the **Crossfit Open**, which consists of five very difficult workouts over the course of five weeks. These workouts are designed to push an individual to their limit. Having finished the **Crossfit Open**, **Kirin** is currently ranked 1st in **New Zealand** in her category (teenage girls 14-15 years - scaled workout), 2nd across **New Zealand** and **Australia** and 54th worldwide. Congratulations, **Kirin**!

Yuan Tsai

Yuan Tsai competed in the **Kelston Deaf Education Centre Sports Day** held at the **Waitakere Stadium** on the 30th March. **Yuan** made it to the final of the 100 metres for the Y9 and 10 boys, and he came 2nd in the long jump for Year 9 and Year 10 boys. An awesome achievement, and a great day for all involved.

Auckland Rugby

On the 6th April **Auckland Rugby** will be coming into school hosting a "Have a go at Rugby" session. This is an excellent opportunity for students to get involved in rugby or to try rugby if they have not played before. We encourage boys of any year level to take part, as this is a chance to get skill sessions and tips from some of **Auckland's** top youth development coordinators.

Auckland Badminton

'Just Smash It' Badminton has been offered at MHJC by **Auckland Badminton**. This is an after school coaching programme held on a Friday afternoon in the **MHJC gym**. Students can sign up to this by getting a permission slip from the sports office and returning it along with the \$50 fee. Students receive top coaching from **Auckland Badminton Accredited Coaches**, and it is a great way to stay active while trying something new in the winter months.

AIMS Games

The **AIMS Games** is a national tournament held in **Tauranga** from the 9th to the 15th September. Students are selected based on commitment and skill through the winter sports season. Individual athletes are required to bring rankings or times to the sports office in order to qualify for **AIMS**. Team sports are selected and train throughout the year. Parent meetings to discuss **AIMS** will be called in **Term 2** to talk about fundraising, protocols and expectations. Parents will be informed if they are required to attend.

Sports fees

Thank you to all parents who have paid their child's sports fees. A friendly reminder that all fees for Term 1 sports need to be paid by the end of the term, please. Sports such as **football, netball** and **basketball** can be paid off over the course of the season. **South Eastern Zone** competitions (competitions for Year 7 and Year 8 students) need to be paid prior to the event.

Upcoming in Term 2...

Winter sports trials have all been completed and many teams start playing in the various competitions starting from week 1 of Term 2. Listed below are season dates and **SEZ** dates for all the sports running in

Stadium on 30th March. **Yuan Tsai** qualified for the final of the 100 metres for the Year 9 and 10 boys and placed 2nd in the long jump, which is an outstanding achievement. **Honey Cashay Tuhura-Herkt** and **Nathan Zheng** both enjoyed the various activities they took part in. All three students were a credit to MHJC and thoroughly enjoyed the opportunity to catch up with their friends.



Ricky & AJ's Baseball Success

Ricky and **AJ Bassano's** baseball team, the **Howick Pakuranga Black Hawks** played in the finals recently, in **Albany**. Their team placed **third** for the **2016/2017 ABA** (Auckland Baseball) season, congratulations gentlemen!



Jayshant's Athletics

Term 2. To stay up to date with results and draws, please keep checking the school website.

Football

Saturday 6th May - 26th August - Year 9 & Year 10 Boys Football
Wednesday 17th May - 23rd August - Year 9 & Year 10 Girls Football
Tuesday 23rd May - Year 7 Boys SEZ Football
Thursday 25 May - Year 7 Girls SEZ Football
Tuesday 30th May - Year 8 Boys SEZ Football
Thursday 1st June - Year 8 Girls SEZ Football

Netball

Saturday 6th May - Saturday 26th August - Year 9 & Year 10 Netball
Wednesday 3rd May - Wednesday 2nd August - Year 9 & Year 10 B Netball
Wednesday 3rd May - Wednesday 2nd August - Year 9 & Year 10 C Netball
Tuesday 9th May - Tuesday 22nd August - Year 8 & Year 7 A Netball
Wednesday 3rd May - Wednesday 2nd August - Year 7 & Year 8 B Netball
Wednesday 3rd May - Wednesday 2nd August - Year 7 & Year 8 C Netball
Wednesday 3rd May - Wednesday 2nd August - Year 7 Netball

Basketball (Year 9 & Year 10)

Thursday 11th May - Thursday 10th August - U17 Boys, U17 Girls, U15A Boys, U15B Boys, U15 Girls

ABSL Basketball (Year 7 & Year 8)

Wednesday 10th May - Wednesday 28th June

SEZ Hockey

Tuesday 20th June - Boys SEZ Hockey
Thursday 22nd June - Girls SEZ Hockey



Year 10 Global Studies Surfing Trip

Year 10 students from **Forest's Global Studies** class went to the famous **Muriwai Beach** on **Auckland's West Coast**, on **Wednesday 29th March**. Both **Global Studies** classes have been involved in learning

Success

Jayshant Kumar (10M1) has recently taken up athletics with the Pakuranga Athletics Club. His events are 100m, 200m, 60m and long jump. The Counties Manukau Champs were held recently and Jayshant performed extremely well, bringing back medals for all 4 events in the under 14 boys; Gold medal in long jump, Silver medal for the 60m sprints and Bronze medals for 200m and 100m sprints.

Jayshant then competed in the North Harbour Athletics Competition in order to qualify for the College Sport Auckland Championships. He placed in the top 3 for long jump and went on to represent the school at the Auckland Champs on the 21st March. He performed very well to compete in a major college championship, against some of the very best in Auckland. It was an awesome experience for him and will only make him a better athlete as he continues to develop and improve.



about the human impact on the ocean environment. The idea of taking students surfing was aimed at connecting students to this precious environment and creating an euphony 'light bulb' moment. The weather gods treated the group to torrential rain to start off with, which added further excitement. Students were taught good surfing technique and also safety tips such as reading the waves and rip directions. Over half of the students were able to stand up and ride the waves on offer and the smiles they had said it all. What impressed staff was the perseverance that students showed in taking this amazing opportunity to learn the special and ancient pacific pastime of surfing. Students that were particularly impressive were Ryan Meiring, Sahana Narain, Pinder Singh, Eden Naera, Joshua Setefano and Kelly Kong. The feedback was extremely positive and the goal 'to support students to be more aware of the ocean environment and to have a conciseness to protect it', was achieved.

Coast Whanau Camp to Shakespear Lodge

Coast Whanau returned to Shakespeare Lodge on the Whangaparoa Peninsula for this year's camp, which involved 50 Year 7 students, and 22 Year 10 leaders. The intended learning for camp was to promote team work and shared Whanau values, as well as develop the leadership of our senior students. Professional YMCA instructors led our students through exciting activities such as; mountain boarding, raft building, kayaking, archery, bush craft, mountain climbing and team building activities. It was amazing to see students working together and build lasting relationships which included some impressive Year 10 role models. The activities were challenging and the weather made some challenges even tougher. Luckily, the camp was located high up on a hill, so the group experienced none of the flooding that was witnessed upon returning to Auckland. The students were amazing and welcomed any challenge with multiple layers of warm clothes and rain jackets! By the third day, when it was time to return to school, everyone commented on their fun-filled camp experiences and thanked their teachers for a safe and successful 2017 Coast Whanau Leadership Camp experience.



DEEP Eco Warrior Sea Kayaking Adventure to Waitemata Harbour

'Eco Warrior' is a new DEEP developed by Mr Dino Gardi that aims to create more awareness of the surrounding environment through participating in various outdoor activities such as kayaking, mountain biking and hiking. Term One's Eco Warrior programme focused learning on the ocean environment and the challenges it faces from human impact, through sea kayaking. On the 24th March in perfect weather 18 students headed out to Okahu Bay to learn the basic skills for sea kayaking. For many students it was the first time in a kayak, or on the sea.

A special thanks goes to Ella and Simon at Fergs Kayaks for giving MHJC students the opportunity to develop their kayaking skills and for the use of their equipment. A special congratulations to the following students who displayed 'GREATNESS' during the DEEP course: Caleb Nair, Chenae Korewha, Georgia Hall and Jackson Smith.



Leadership Developed at Piha Mill Camp

Year 7 students from Water Whanau had a wonderful first day at camp, rock climbing at 'Extreme' and playing beach games in their tribes, lead by Year 10 camp leaders.

The photos below show the stunning Piha Beach landscape, courtesy of our talented camp photographer, Ms Grant. Water's campers enjoyed a camp-based activities rotation on the Thursday, comprising of a Hike to the beautiful Kitekite Falls, Bumper Ball, Archery, a Master Chef outdoor cooking challenge and Poles & Planks problem solving.

Camp concluded following a day rafting the white water rapids at Vector Wero. Piha '17 was certainly a special, memory-making experience - well done to all campers!



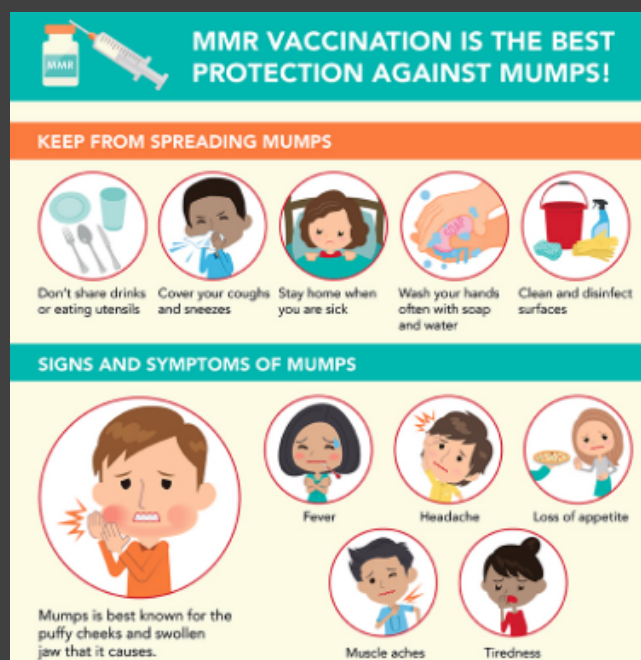


Snorkelling at Goat Island Marine Reserve

As part of Term 1's 'Around the World in 80 Days' learning context, Year 9 students from Water Whanau travelled to the Goat Island Marine Reserve on Wednesday 22nd March. Students viewed the sea life by snorkelling from the beach under the care and supervision of PADI Divemasters and teachers. A large range of species were visible in the marine reserve, such as large 40



Auckland Schools - Mumps Outbreak



The Auckland Regional Public Health Service is managing a mumps outbreak in Auckland. More than 35 cases have been confirmed so far and more than half of these are occurring in

year old snapper, blue cod, red moki, sting rays, jelly fish, sea urchins and kelp. Thank you to Ms Grant and Miss Young for planning this wonderful EOTC experience.



School Tours



A reminder that Mission Heights Junior College is **open for viewing** by the public on Wednesday mornings each week, starting at 9:45am from our school reception. Come and see our learners in action!

CONTACT US



Coast Whanau

coast-absence@mhjc.school.nz
coast-studentservices@mhjc.school.nz

Forest Whanau

forest-absence@mhjc.school.nz
forest-studentservices@mhjc.school.nz

Water Whanau

water-absence@mhjc.school.nz
water-studentservices@mhjc.school.nz

Mountains Whanau

mountains-absence@mhjc.school.nz
mountains-studentservices@mhjc.school.nz

children and teens aged 10-19 years.

"I urge parents to check with their doctors to ensure their families' measles mumps and rubella vaccinations are up to date. I recommend this is done before the school holidays. Vaccination is free and it will protect your child and the community," says Medical Officer of Health Dr Michael Hale.

Mumps can spread quickly among those who are not immune, particularly in schools. A single child with mumps at secondary school could cause an outbreak, because immunity in that age group is well below the national average.

"If parents do not organise vaccination quickly, their children's learning could be disrupted. We are in the midst of an outbreak and already large numbers of students are scrambling to catch up on school work after falling ill with mumps for several weeks," says Dr Hale.

Most people recover from mumps, but it can have serious complications. Although rare, infertility can occur. The disease can also cause inflammation of tissue surrounding the brain (meningitis), inflamed testicles or ovaries and deafness.

"The best way to avoid getting an infectious disease like mumps is to ensure you are fully immunised with the MMR vaccine," says Dr Hale.

Learn more about mumps on the [ARPHS website](#) and [about mumps vaccination \[PDF\]](#)

MHJC Students featured in the Times Online - Go to...

<http://www.times.co.nz/news/building-strong-foundations-cricket-mhjc/>

Publishing permissions gained from **Kelly Teed** 04/04/17



We'd love you to follow us on Facebook! Simply click on the buttons below to be directed to our new Facebook page, or our website.



Facebook



Website

Building strong foundations for cricket at MHJC

By Staff - March 28, 2017



(L-R) Students Mansimran Kaurm Harjot Singh, Benson Ireland, Amy Moore and Deputy Principal Neil Penfold (Supplied)

Mission Heights Junior College (MHJC) will soon have three new cricket nets.

The nets will be the end product of months of planning and work between parents, teachers and Auckland Cricket.

This exciting new addition to the sports facilities at the college will help further support and develop the students' passion for cricket.

The success of the Black Caps and White Ferns on the international scene has sparked plenty of interest in the school community.

MHJC has nearly doubled its cricket playing numbers this year with the addition of two new girls teams.

Year 7/8 girls are now playing in the Blitz competition and the year 9/10 team is playing local fixtures against Ormiston Junior College.

The boys Colts team is continuing to lead the way in terms of performance, having recently been promoted to the afternoon Colts Grade competition and have had three wins over traditionally strong cricket schools Westlake Boys High School, St Kentigern College, Macleans College and a narrow loss to King's College.

The other boys Blitz team started their season with a narrow loss to De La Salle and a win over Pakuranga College.



Mission Heights
JUNIOR COLLEGE

Ph 277 7881
admin@mhjc.school.nz

great food, great performances, great people, great fun!



*Delicious food
from around the
World...*

*Live performances
& cultural items...*

*Coupons for sale on
the day - \$10*



Students, friends and family of **Mission Heights Junior College** are proud to host a **Cultural Food Festival** on Saturday 8 April, 2017 from 11:00am to 2:00pm.

What? Delicious food, talented performers and a great atmosphere!

Where? Near the courts at Mission Heights Junior College.
Food coupons for sale from 10:30am on the day for \$10 for 10 tickets.
Tickets sold via cash and eftpos on the day.

Our Programme? Food on sale + performances on stage from 11 to 2:00pm

Come along and help us celebrate our...

Cultural food festival



Mission Heights
JUNIOR COLLEGE

Ph 277 7881
admin@mhjc.school.nz

Upcoming Parent Information Evening

All parents and Yr 10 students are invited to our upcoming...

'NCEA Parent Information Evening'

Dear Parents/Caregivers,

Many parents, especially those of us who are new to New Zealand, feel daunted when discussions turn to the NCEA. If you want a simple, straightforward explanation of how the NCEA works, then this is the event for you. Come along and understand terminology such as 'NCEA credits', 'NCEA standards' and 'levels of NCEA certificates'. The earlier you understand the NCEA system, the better you can support your child when it matters most.

This evening is open to all MHJC parents/families. **HOWEVER IT IS HIGHLY RECOMMENDED THAT ALL YEAR 10 STUDENTS AND THEIR PARENTS/CAREGIVERS ATTEND.**

Ms Kate Lambert, Principal's Nominee, NZQA, will be presenting the evening. Kate will explain the workings of the NCEA and what will be offered to Year 10 Students at MHJC. We will also be joined by a guest speaker from Ormiston Senior College.

Please join us at 6.30pm, on Thursday 11th May (Term 2, Week 1), in the Meeting Place (next to the Mission Heights Library).

Looking forward to seeing you there,

Family & Friends Committee
Bringing our Community Together



Be GREAT

seek
support

eLEARNING

Resubmissions

Class Work

Teacher Help

encourage your friends to come along...

to

HOMEWORK CLUB

Make **a**
difference

HOMEWORK CLUB

3:15PM TO 4:15PM

Monday's in Water / Wednesday's in Forest

MATHS CLUB

3:15PM TO 4:15PM

Wednesday's in Coast Whanau